



## **Bridging programme information**

### **Overview**

This programme will give you and the faculty the opportunity to evaluate your readiness to undertake the research dissertation.

### **Delivery**

This bridging programme will be delivered over three months via distance learning /on line contact. It offers potential applicants an enriching professional and personal experience of contemporary Gestalt theory, philosophy and practice. It will focus on the development of a portfolio which is required as part of your application to enter Module 4.

A completed portfolio will comprise of:

- a detailed resume with a clear outline of previous qualifications and relevant CPD.
- a minimum of 2 references as to your suitability to study at this level. One of these references must be from your current supervisor.
- a summary of your client and supervision hours to date.
- a brief personal profile of you and the Gestalt therapy theory and philosophy that informs your practice (1000 words)
- completion of two written pieces of work (approximately 3000-4000 words)
- identification of an area of your practice that may be of interest to you as a research topic.

A designated GII tutor in a series of one-to-one tutorials will accompany you in the preparation of this portfolio. You will be given a guided reading list and feedback on assignments submitted.

### **Benefits of the bridging programme**

- Opportunity to critically reflect on aspects of your psychotherapy and supervision practice in a supportive tutorial relationship
- Identify an area of your practice that you may be interested in researching
- Familiarise yourself with contemporary embodied, field-relational Gestalt Therapy resources that will be enriching for you and your practice
- An entry point to join a developing embodied practitioner-researcher Gestalt community
- Attain 25 hours of CPD

### **Fees**

The programme fee is €660.00 which must be paid when you submit your registration form.

Initial enquiries to [admin@gestaltinstitute.ie](mailto:admin@gestaltinstitute.ie) . Deadline for applicants is **26<sup>th</sup> February 2021**